



7 Tips for a Successful Newborn Session

Photo sessions are meant to capture your special moments and milestones and freeze them in time. Here are a few tips to help make the best of your session.

1. Select the right photographer. I have a blog on my site that speaks to selecting the right photographer for you. Hiring the right photographer for you is essential for insuring that you get the images you want. Do your research and ask questions. Make sure that your photographer has been trained in newborn safety and posing. I keep all of my immunizations current and get an annual flu shot to insure health of my newborns.
2. Communication prior to the session. Be sure to communicate clearly to your photographer what your expectations are. If there are specific poses you would like, or certain colors you prefer, make sure your photographer knows this.
3. Expectations. Not all babies will curl up into every pose. One of the reasons that photographers prefer to photograph newborns in the first 14 days of life is that they are more likely to be comfortable in those positions. Can you get newborn photos after they are two weeks old? Absolutely! The poses may just be adjusted based on baby's age.
4. Relax. Don't stress about whether or not your baby will cooperate and sleep for the entire session. Unless baby is so uncomfortable that they will not settle, a well trained and professional newborn photographer will know how to get great shots! Even if baby is awake for the entire session.
5. Feeding and Soothing. Newborn sessions have time built in for soothing and feeding. Often, baby will eat more often during a session due to all of the movement. Don't ever feel like baby's feeding needs to be rushed at any point during the session.
6. Ask questions. Don't be shy about asking questions before, during and after the session. Photographers understand that you are trusting them with your sweet new little one, so we are happy to address any concerns you have.
7. Before you leave, schedule your post session appointment to view your images. When you do this, you and your photographer are both clear as to when your images will be ready to view.

I hope you found these useful. If you have any other questions or need additional information about how to have a successful newborn photography session, please give me a call!